



ARATHI CT ARATHI

POST GRADUATE

CAREER OBJECTIVES

As a recent graduate, I am looking for a position that will allow me to continue learning and honing my skills. Seeking an innovative and challenging position in an institute that gives me the opportunity for self-improvement and leadership. While contributing to the symbolic growth of the organization with my creative, innovative, and logical skills

WORK EXPERIENCE

*Worked as a student counsellor (daily wage) in Kelappaji college of agriculture engineering and technology, Thavanur, Malappuram from 13/07/2023 onwards.

*Worked as academic mentor in the administrative department of PEPP learning from 1 January to 30 June, 2023

EDUCATION

MSC. APPLIED PSYCHOLOGY

Department of Psychology

University of Calicut

Malappuram

2020-2022

Percentage 73%

BSC PSYCHOLOGY

Sahya Arts and Science College

Palamadam, Karad PO

University of Calicut

Malappuram

2017-2020

Percentage-80%

Higher Secondary

GHSS Vaniyambalam

Kerala State Board of Higher

CONTACT

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Kerala

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ADDRESS

Cheerangathodi (h)

Mudappilasseri

Vaniyambalam PO, Malappuram

Kerala, India .

pin; 679339

PERSONAL

DETAILS

Date of Birth: 22/07/1999 Sex: Female

Nationality: Indian

Domicile of: Kerala

Father's Name: Suresh CT

Mother's Name: Shyni L

SKILLS

Communication skills

Research skills

MS office (MS Word, MS Excel, MS PowerPoint)

Case history Taking

Problem Solving

Assessment Skill

Empathy

Interpersonal Skill

Leadership skills

Empathy

Time management

Project planning

Critical thinking

LANGUAGES

Malayalam (Superior)

English

Tamil (Intermediate)

Matriculation

GHSS Vaniyambalam

Kerala State Board of Higher

Secondary Education, Kerala

2015

Percentage-95%

INTERNSHIP

Thanal Kauna centre for rehabilitation and research institute, Kadiyagad, kuttiyadi

From February 1 to February 28

A Detailed description of role, duties responsibilities and achievement. Detailed case history taking and MSE, provided Psychoeducation, assessment skills.

EXTRA CURRICULAR ACTIVITIES

- Participation In Arts
- Volunteering

PROGRAMS CONDUCTED

- Organized a three day menstrual hygiene awareness program on several communities in wayanad in 2021
- Organised awareness programme on public peoples in world mental health day 2021
- Organised class on B.tech students on the topic of “toxic relationship in 2023
- Organised orientation class on B.tech students on the topic of “self-development through life skills”

DISSERTATION AND PROJECTS

- **Emotional intelligence and life satisfaction as the predictors of psychological wellbeing in emerging adults**

Post- graduation dissertation

- Conducted interview, content analysis, systematic observation, systematic review and community extension works
- **A study on the impact of locus of control on achievement motivation in HSS students- ug dissertation**

